

## **PWLA 1691**

### **BEGINNING TENNIS**

1 Semester Hour      MTWR 10:00am-11:45am  
Semester/Year:      June 4 – June 26, 2007  
Instructor:            Dr. Claire Mowling  
Office Location:      Rowe Hall W-229 (Second Floor)  
Office Hours:        MTWRF 9:00am-10:00am  
Telephone:            678-839-6188  
E-mail:                [cmowling@westga.edu](mailto:cmowling@westga.edu)  
Fax:                    678-839-6195

### **COURSE DESCRIPTION**

This course is designed to teach the basics of tennis, including forehand, backhand, serves, singles, and doubles strategy.

### **COURSE OBJECTIVES**

Students will:

1. develop basic skills including,
  - forehand
  - backhand
  - serve
  - net play (Bassett & Otto, 1989; Bryant, 1997),
2. learn the rules, history, and strategy of tennis (Bassett & Otto, 1989), and
3. enhance enjoyment so tennis will become a lifetime activity (Bryant, 1997).

### **TEXT, READINGS, AND INSTRUCTIONAL RESOURCES**

#### **Recommended Text:**

Bryant, J.E. (1997). Game, Set, Match: A tennis guide. Englewood, CO: Morton Publishing.

## ASSIGNMENTS, EVALUATION PROCEDURES, AND GRADING POLICY

### Student Evaluations:

A. Examinations: There will be one exam given during the regularly scheduled final exam period. The exam is worth 100 points.

B. Attendance, Participation, and Effort: Students will have ample opportunity to show outstanding commitment to learning, regardless of the level of skill he or she already possesses. In order for you to gain the maximum experience in this class, it is imperative that you attend class. Along with attending class you must participate. Students will not be given full credit for attending class if they choose to stand around talking, horse playing, or just sitting on the side. You are expected to participate in the drills, discussion, or whatever assignment the day brings. As part of your grade is based on your participation in this class and if you are not present you cannot participate. Students start with 100 points for attendance at the beginning of this class. Each student is allowed one absence without any point deductions. After one absence, 15 points will be deducted for each absence from your 100 points. **NO EXCUSES WILL BE TAKEN AFTER YOUR ONE FREE ABSENCE!** Attendance will be taken at the beginning of each class. Two late arrivals will equal one absence. Participation in class during drills and instruction is imperative to your success in tennis. Students should not schedule job interviews, doctor's appointments, or any other such appointments during class times. Request such as these do not constitute excused absences.

C. **Tennis Tangler** Students will need to visit the United States Tennis Associations website at [www.usta.com](http://www.usta.com) and navigate through that site to find the answers to a variety of tennis questions and topics, including rules, player events, fitness tips, etc. The questions will be posted to the website. Your instructor will tell you when the tennis tangler is posted and when it is due. This assignment is worth 50 points.

### Grading Policy:

- ✚ Exam = 100 points
- ✚ Attendance = 100 points
- ✚ Tennis Tangler = 50 points

Students have a chance to obtain a total of 250 points in this class.

A = 250-224 points

B = 223-199 points

C = 198-174 points

D = 173-149 points

F = 148 points or below

### General Course Policies:

A. The final exam is worth a total of 100 points and will be given at the end of the semester. The final must be taken at the designated time and date. NO MAKEUPS or EARLY EXAMS will be given.

B. Students are required to dress in comfortable clothing that will not inhibit their tennis swing (tennis shoes and appropriate dress are required.). Students will not be allowed to participate if appropriate footwear is not worn. This will count as an absence, even if the student is present. Students are encouraged to bring their own tennis racket if they have one. The University does have a limited number of rackets for student use if the student wishes to choose that option. Please let the instructor know.

C. ***Tennis Balls***: Each student is required to bring one **new** can of tennis balls by the third meeting day. Grades will be held at the end of the semester until the student brings their tennis balls. These tennis balls will not be returned at the end of the semester.

## **ACCOMODATIONS**

If you need an accommodation for a disability, please bring your student disability report from Disability Services and we can discuss your needs.

## **DISRUPTIVE STUDENT BEHAVIOR POLICY**

Any disruption by a student(s), including but not limited to, excessive teacher interruptions, voluntary lack of participation, excessive horseplay and talking during lecture or skill teaching, that the instructor feels is inappropriate, will be asked to leave the class immediately. Student(s) will be asked to set up a meeting with the teacher to discuss the situation. If a student(s) has to be asked more than twice to leave the class because of disruptive behavior, that student(s) will be referred to the Chair of the Physical Education Department for further discussions.

## **CLASS OUTLINE**

- Introductions, syllabus, tennis background, personal objectives/goals, safety, equipment
- Grip, Footwork, Introduce Forehand
- Review Forehand, Introduce Backhand
- Forehand and Backhand Drills
- Introduce Serve and Return
- Review Serve and Overhead
- Introduce Singles Play and volley
- Continue singles play; introduce rules/etiquette
- Doubles Play and Start Tournament
- Finish Tournament and Final Exam

## **ACADEMIC HONESTY**

Students are expected to adhere to the highest standards of academic honesty. If plagiarism, cheating, or another act of academic dishonesty occurs, it will be dealt with in accordance with the academic misconduct policy as stated in the Uncatalog, Undergraduate Catalog, and Graduate Catalog.